

## Massage

### Elemental Nature Massage

A personalized massage experience based upon the Aveda Elemental nature philosophy and your favorite Aveda aromas. Depending on your needs, we offer a variety of massage techniques will be utilized.

30 minutes	Starting at \$45
60 minutes	Starting at \$65
90 minutes	Starting at \$90

### Couples Massage

60 minutes	Starting at \$140
90 minutes	Starting at \$200

### Pregnancy Massage

30 minutes	Starting at \$45
60 minutes	Starting at \$65

### Stone Fusion Massage

Experience the aromatic power of blended essential oils customized for your personal needs. The sensation of warm stones fused with massage techniques balance, soothe and invigorate your body.

60 minutes	Starting at \$100
90 minutes	Starting at \$130

### Reflexology

30 min	Starting at \$60
60 min	Starting at \$80

## Ear Candling

Ear Candling is an ancient technique in which the warmth of a cone shaped candle creates a vacuum which gently extracts wax and other ear and sinus residue which can alleviate allergies, sinus conditions, blockage in the ear canal and help to drain the lymphatic system as well.

(1) Set	Starting at \$40
(2) Sets	Starting at \$60

## Party Accommodations

The Salon provides an intimate setting for small or large groups, whether it's a corporate event or wedding party, your guests will be pampered head-to-toe. Sparty – If 10 or more people are booked for any service in the spa you can have the spa all to yourselves. This package includes 10% off of all services

## Wedding Parties

Wedding parties of (5) or more the bride receives her hair service free. (Makeup application charges still apply)

## Spa/Body Treatments

### Caribbean Therapy Body Treatment

(Dry Room Version) Starting at \$90  
A rejuvenating and nurturing treatment that uses the healing touch and plant ingredients of the Caribbean to create inner calm and renew the body and senses. Treatment begins with a dry exfoliation, followed by a warm seaweed back and foot masque to smooth and detoxify. A rehydration of the skin using Caribbean Therapy body cream complete this island inspired experience..

### Caribbean Therapy Body Treatment

(Shower Room Version) Starting at \$100  
Replicating the above treatment, this shower version includes a full body seaweed masque and a refreshing shower.

### Rosemary Mint Awakening Body Polish

Starting at \$70  
Renew body and mind with this stimulating and nurturing dry wrap. Your body is exfoliated, smoothed, softened and wrapped. Essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body.

### Aqua Polish

Starting at \$65  
A full body exfoliation and refinement of your skin using the therapeutic benefits of marine elements such as Dead Sea salts along with skin conditioning oils.

## Massage Enhancements

\*any of the following services can be added on to a massage

Aqua Polish	Starting at \$40
Paraffin Treatment	Starting at \$35
Rosemary Mint Body Wrap	Starting at \$45
Caribbean Therapy Body Treatment	Starting at \$50
Reflexology	Starting at \$40

## Cancellation Policy

With parties of (4) or more or individuals with more than (2) services scheduled, cancellations must be made 48 hrs hours in advance. This is a courtesy to our clients waiting for an appointment. If you are unable to cancel within that period, you will receive a 25% charge for your cancellation.



An Aveda Concept Salon in the Old Market

1007 Farnam on The Mall | Omaha, NE 68102

402.934.2909

[www.urbanesalonanddayspa.com](http://www.urbanesalonanddayspa.com)

Monday 12pm - 6pm

Tuesday thru Friday 9am - 8pm

Saturday 9am - 5pm

Polished  
Elegant  
Refined



For a more detailed description of Urbane's services visit  
[www.urbanesalonanddayspa.com](http://www.urbanesalonanddayspa.com)

AVEDA™

## Hair Care

All haircuts include: Consultation, Signature Aveda Scalp Massage, Shampoo, Conditioner and Style.

### Women

Haircut and style	Starting at \$35
Shampoo and Style	Starting at \$30
Formal Style	Starting at \$60
Bang Trim	Starting at \$10

### Men

Haircut and Style	Starting at \$25
Facial Hair Trim	Starting at \$10

### Children

Haircut	Starting at \$20
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### Conditioning Treatments

Botanical Hair and Scalp Therapy	Starting at \$45
Botanical Hair Therapy	Starting at \$25
Glossing Treatment	Starting at \$40

### Color Services

Single Process Color	Starting at \$55
Partial Highlight	Starting at \$55
Full Highlight	Starting at \$80
Dimensional Color (High or Lowlight)	Starting at \$75
Correctional Color	Consultation required

### Texturixing Services

Permanent Wave	Starting at \$60
Specialty Waves	Consultation required
Brazilian Keratin Treatment	Starting at \$250

### Bridal Services

Formal Style	Starting at \$60
Bridal Style	Starting at \$65

## Nail Care

All nail services include shaping of the nails, cuticle care and a soothing massage, followed by polish or buff to shine. All Pedicure services include salt exfoliation, hot towel treatment, rejuvenating and tension relieving, lower leg and foot massage. Seasonally themed packages.

<b>Hand Relieving Manicure</b>	Starting at \$25
<b>French Manicure</b>	Starting at \$30
<b>Foot Relieving Pedicure</b>	Starting at \$55
<b>Paraffin Dip</b> (Add on to any nail service)	Starting at \$10

### Caribbean Therapy Hand or Foot Treatment

A rejuvenating and nurturing treatment that uses the healing touch, actual slices of citrus fruit and other plant derived ingredients of the Caribbean to improve the conditions of nails and cuticles. Using Aveda's signature caribbean therapy mask is combined with a massage to soothe, soften and relax.

<b>Caribbean Hand Treatment</b>	Starting at \$40
<b>Caribbean Foot Treatment</b>	Starting at \$65

## Waxing Services

Brow	Starting at \$15
Chin	Starting at \$15
Upper Lip	Starting at \$15
Full Face	Starting at \$35
Stomach	Starting at \$15
Under Arms	Starting at \$25
Full Arm	Starting at \$35
Half Arm	Starting at \$20
Full Leg	Starting at \$60
Half Leg	Starting at \$40
Chest	Starting at \$50
Back	Starting at \$50
Bikini	Starting at \$30
Brazilian	Starting at \$60

## Spa Packages

### Day of Bliss

60 Min. Elemental Nature Massage  
60 Min. Elemental Nature Facial  
Caribbean Therapy Spa Manicure  
Caribbean Therapy Spa Pedicure  
Includes a light lunch  
4 hrs.

\$290+ (includes gratuity)

### Awaken

60 Min. Elemental Nature Massage  
30 Min. Elemental Nature Facial  
Hand Relieving Manicure  
Foot Relieving Pedicure  
3 hrs. & 30 min.

\$218+ (includes gratuity)

### Caribbean Therapy Package

Caribbean Therapy Body Treatment (shower version)  
Caribbean Therapy Manicure  
Caribbean Therapy Pedicure  
2 hrs.

\$235+ (includes gratuity)

### Make it a Date

Couples Elemental Nature Massage  
Side by side foot relieving Pedicures  
2 hrs.

\$287+ (includes gratuity)

## Makeup

<b>Makeup Application</b>	Starting at \$35
<b>Makeup Lesson</b>	Starting at \$45
<b>Bridal Application</b>	Starting at \$45

## Skin Care

### Elemental Nature Facial

Indulge with a customized aroma facial. With stress relieving rituals and Aveda Signature massage techniques.

30 Minutes	Starting at \$45
60 Minutes	Starting at \$65
90 Minutes	Starting at \$95

### Green Science Facial

Starting at \$95

As an added service to the Green Science Facial, the plant perfecting peel is a chemical free peel that equals the performance of a 30% Glycolic peel without the associated redness and irritation. It warms the skin, opens the pores and smoothes and retextrurizes with instant exfoliation and radiance. (Recommended series or four weekly treatments.)

### Outer Peace Ance Relief Facial

Starting at \$75

This multifaceted approach to treating acne will help to clear skin and diminish the appearance of irritation associated with blemishes. (For best results we recommend a series of three treatments.)

### Enbrightenment Facial

Starting at \$95

Aveda's new Embrightenment Facial delivers a 34% reduction on the appearance of discoloration and dark spots. New massage and application methods help to support healthy skin function, achieving an evening of skin tone and overall luminosity and relaxation. (Recommended a series of four weekly treatments.)

## Skincare Enhancements

### Revitalizing Eye Treatment

(Add on with any facial) Starting at \$20

### Botanical Skin Resurfacing Enhancement

(Aveda's alternative to microdermabrasion.) Starting at \$125

### Microdermabrasion

Starting at \$140

### Lash Tint

Starting at \$20

## Gift Certificates

Available for all services and all denominations.